

## Music Long Term Plan 2024-25

| Step   | Term 1                                   | Term 2                                       | Term 3                     | Term 4                                      | Term 5         | Term 6   |
|--------|--|--|----------------------------|---|----------------|--|
| Step 1 | Gymnastics<br>Dance                      | Attack Defend Shoot                          | Gymnastics<br>Dance        | Send & Return                               | Run Jump Throw | Hit Catch Run  |
| Step 2 | Gymnastics<br>Dance                      | Attack Defend Shoot                          | Gymnastics<br>Dance        | Send & Return                               | Run Jump Throw | Hit Catch Run  |
| Step 3 | Invasion Games<br>(Football)<br>Swimming | Invasion Games<br>(Netball)<br>Swimming      | Trampolining<br>Gymnastics | Net & Wall Games<br>(Badminton)             | Athletics      | Striking & Fielding<br>Games (Rounders)              |
| Step 4 | Invasion Games<br>(Football)<br>Swimming | Invasion Games<br>(Netball)<br>Swimming      | Trampolining<br>Gymnastics | Net & Wall Games<br>(Tennis)<br>Swimming    | Athletics      | Striking & Fielding<br>Games (Cricket)               |
| Step 5 | Invasion Games<br>(Football)             | Invasion Games<br>(Basketball)               | Trampolining<br>Swimming   | Net & Wall Games<br>(Badminton)<br>Swimming | Athletics      | Striking & Fielding<br>Games (Rounders)              |
| Step 6 | Invasion Games<br>(Football)             | Invasion Games<br>(Basketball)               | Trampolining<br>Swimming   | Net & Wall Games<br>(Badminton)<br>Swimming | Athletics      | Striking & Fielding<br>Games (Cricket)               |
| Step 7 | Health, Fitness &<br>Physiology          | Invasion Games<br>(Handball & Tag<br>Rugby)  | Trampolining               | Net & Wall Games<br>(Badminton)             | Athletics      | Striking & Fielding<br>Games (Cricket &<br>Rounders) |
| Step 8 | Health, Fitness &<br>Physiology          | Invasion Games<br>(Netball & Hockey)         | Trampolining               | Net & Wall Games<br>(Tennis)                | Athletics      | Striking & Fielding<br>Games (Softball &<br>Cricket) |
| Step 9 | Health, Fitness &<br>Physiology          | Invasion Games<br>(Basketball &<br>Lacrosse) | Trampolining               | Net & Wall Games<br>(Volleyball )           | Athletics      | Striking & Fielding<br>Games (Golf &<br>Cricket)     |

